



10 Biblical New Year's Resolutions

1. Set aside a time of prayer every morning.
(Psalm 5:3, 55:17)
2. Study a book of the Bible this month.
(Psalm 119:18, 1:2)
3. Memorize a weekly Bible verse.
(Psalm 119:11)
4. Exercise regularly.
(Isaiah 40:29-31, 1 Cor. 6:19-20, Prov. 24:5, Prov. 31:17)
5. Eat healthier, not just lose weight.
(Ex. 15:26, Daniel 1:8-13).
6. Read a book on prayer from the "old guys".
7. Save money rather than wasteful spending.
(Luke 6:38, Prov. 21:20, 22:7)
8. Do something nice for someone every week.
(Prov. 17:17, Eph. 4:32, Matt. 10:42)
9. Remember it is better to give than to receive.
(Acts 20:35)
10. Pray for wisdom.
(James 1:5)

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