

10 Prayers for Cutters

1. Lord, help me to realize that I am Your creation.
Ps 139:13-16
2. Lord, help me to forgive anyone who has hurt me,
including myself. Mt 6:14-15
3. Lord, forgive me for abusing my beautiful body You
created. Dt 14:1; 1 Cor 6:19-20
4. Lord, send loving Christians into my life who can help
me. Mt 19:19; 25:35-40
5. Lord, help me to love myself and other people.
Jn 15:9-14; 1 Pe 5:6-7
6. Lord, forgive me for all my sins (including hate, cutting
and negative thoughts). Mt 5:44; 2 Cor 10:5
7. Lord, heal my hurts. 1 Pe 2:24; 5:6-7
8. Lord, help me to believe that Jesus died on the cross for
all my sins. 1 Cor 15:3-4; Ro 4:25-5:2
9. Lord, help me to put my faith in Jesus as my Lord and
Savior and repent of my sins. Mt 22:37-38; Lk 13:3
10. Satan and all demons, I command you in the name of
Jesus Christ, to quit putting evil thoughts of suicide and
cutting in my head. Leave and do not return.
1 Pe 5:8-9; Ac 16:18; Mk 9:25-26